



VISIBLE WELLBEING™

Professor Lea Waters AM PhD

# Building a Positive Culture at Work

Find out why more and more organisations are using the science of positive psychology to boost employee morale, foster team innovation and future-proof their business. Learn how to ask different strategic questions, identify and utilise your employees' strengths and incorporate routines that contribute to a positive and agile workplace culture.

This workshop will support leaders and staff, to approach their work and relationships from an evidenced-based strengths approach. Participants will be supported to reflect upon, refine and use strategies that will positively impact their relationships hence improving workplace culture.

## TOPICS INCLUDE:

- Employee strengths
- Employee engagement
- Energy and vitality in the office
- Positive workplace practices



**Professor Lea Waters delivered an engaging, informative and inspiring session for 1000+ staff ... Her presentation was very well received by staff with 95.5% rating her presentation skills as 'excellent' and a great deal of positive feedback on the quality of the content and delivery.**

Tim Abrahams, MCPHR, Director | ATO People, Australian Taxation Office

## FORMAT OPTIONS

Webinar/Keynote: 75 minutes  
(includes 15 minutes of Q&A).

OR

Virtual Workshop: 3 hour  
interactive workshop, with self-  
reflection and team building  
activities included.

## WHAT MAKES THIS PRESENTATION UNIQUE

Designed by world-renowned psychologist, Professor Lea Waters AM, PhD, this workshop helps employers and employees translate psychology and neuroscience research into actionable steps to help their organisation create a positive and strengths based workplace.

To book your session contact [admin@leawaters.com](mailto:admin@leawaters.com)